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**SPECIALISTS' TRAINING IN TOURISM, RECREATION AND HEALTH-RELATED FITNESS:  
PROFESSIONAL DICTIONARIES**

*The article deals with the topical issue of professional dictionaries for specialists' training in tourism, recreation and health-related fitness. The current body of recent research and publications provides clear evidence of much attention being paid to various aspects of specialists' training in tourism, recreation and health-related fitness. Specialized dictionaries have also been the focus of scientific consideration on a regular basis. Nevertheless, professional specialized dictionaries in the increasing sphere of tourism, recreation and health-related fitness require more detailed consideration, analysis and investigation.*

*Due to the actuality of professional enhancement in the growing fields of tourism, recreation and health-related fitness, and the significant role of dictionaries in the course of this practice, the aim of the research is to examine the specialized dictionaries of the sphere. Tasks of the research imply distinguishing and analysing the features of professional dictionaries for the field specialists' education. Subsequently, the object of research is specialists' training in tourism, recreation and health-related fitness, and the subject concerns the specialized dictionaries for professional development in this sphere. Professional dictionaries for specialists' training in tourism, recreation and health-related fitness have been examined due to the methods of literature analysis and comparative analysis of the printed and internet resources.*

*The use of specialized professional dictionaries is considered to be one of the best means for the efficient skill sets enhancement and a useful resource in the workplace, as they provide detailed definitions and proper usage of special terms within the professional language of any field specialists, namely in the growing sphere of tourism, recreation and health-related fitness. Further research prospects suggest the study and comparative analysis of specialized professional dictionaries in the field of tourism, recreation and health-related fitness in the English and Ukrainian languages.*

**Key words:** *tourism, recreation, health-related fitness, professional dictionaries, specialists' training.*

(статтю подано мовою оригіналу)

Tourism and recreation have always been among the booming industry sectors across the globe. The spheres are very important aspects for not only a country's economy but also its global standing, as they bring in wealth, growth, employment, etc.

Modern tourism is closely linked to development and encompasses a growing number of new destinations. This global spread of tourism in industrialised and developed states has produced economic and employment benefits in many related sectors [23].

Nowadays, an increasing number of travellers want to keep up with their healthy habits when they travel for business or pleasure, or take recreational trips specifically to improve their health and overall fitness. There are resorts and vacation spots all over the world that offers fitness tourism to a high level.

The new demand creates more job opportunities in tourism industry and many related spheres, subsequently increasing the educational needs of the staff engaged in the relevant service provision. This necessitates more attention being paid to various aspects of professional education for the allied field specialists.

Professional education is a formal specialized training about a particular profession in which learners are taught the central concepts, principles, and techniques, and how these are applied in real practice, and the learners also acquire the necessary competencies needed for proper practice and behaviour [25].

Every industry is constantly evolving, so employees should use professional development and specialists' training opportunities to expand their knowledge base. Professional specialized dictionaries are beyond doubt among the main reference resources, consulting which occupies a considerable amount of time and effort of any field specialist, thus becoming an integral part of their professional training.

A specialized dictionary is a dictionary that covers a relatively restricted set of phenomena, usually within one or more subject fields [5]. Specialized dictionaries are used to understand concepts in specific domains, especially where those concepts are not part of the general vocabulary, or having meanings that differ from ordinary languages [12].

Specialised dictionaries are defined by the specialised nature of the subjects they treat, focusing on particular subject fields, professional practices or even leisure activities such as sports with the aim of helping the user to acquire specialised knowledge, read specialised texts or engage in specialised translation [13].

The current body of recent research and publications provides clear evidence of much attention being paid to various aspects of specialists' training in tourism, recreation and health-related fitness. The scholars' interest comprised numerous issues, in particular the professional training in tourism and hospitality [27; 28; 30], famous chefs of today [19], sports and recreation [2], fitness level [9], educational resources in this sphere [29], etc.

Professional specialized dictionaries have also been the focus of scientific consideration on a regular basis. The researchers such as Yamada S. [26], Al-Jarf R. [1], Durovic Z. [10], Furtés-Olivera P. A. [11], Van der Merwe M. [24], Bergenholtz H., Tarp S. [5], Grefenstette G., Muchemi L. [12], Humbley J. [13] concerned the fields of health care, business and computer science, marine engineering, translation, higher education and many others.

Notwithstanding many scholars' attention being paid to different aspects of the topic, professional specialized dictionaries in the increasing sphere of tourism, recreation and health-related fitness require more detailed consideration, analysis and investigation.

Due to the **actuality** of professional enhancement in the growing fields of tourism, recreation and health-related fitness, and the significant role of dictionaries in the course of this practice, the **aim** of the research is to examine the specialized dictionaries of the sphere. **Tasks** of the research imply distinguishing and analysing the features of professional dictionaries for the field specialists' education. Subsequently, the **object** of research is specialists' training in tourism, recreation and health-related fitness, and the **subject** concerns the specialized dictionaries for professional development in this sphere.

The **methods** of literature analysis and comparative analysis of the printed and internet resources [3; 4; 6; 7; 8; 14; 15; 16; 17; 18; 20; 21; 22], reveal the professional specialized dictionaries for specialists' training in tourism, recreation and health-related fitness to be characterized as follows.

#### **Professional dictionaries in tourism**

*The Dictionary of Tourism.* The author's objective in the second edition of The Dictionary of Tourism is identical to that of the first edition – to provide a reference source for those choosing a career in some facet of the multidimensional field of tourism and for those who simply desire information on terms used in the industry. The compilation of commonly used terms, concepts, and organizations attempts to overcome the tendency towards parochialism by the many components of the travel industry and in this respect is a broader approach to the task. In preparing the dictionary, the author also wants to advance the study of tourism by encouraging discussion and creative disagreements regarding the book. The second edition was prompted by a number of changes occurring within the industry.

*Dictionary of Travel, Tourism and Hospitality.* The dictionary author's long and wide experience of these fields makes this an indispensable companion for students and teachers, and those employed in relevant businesses and organizations, as well as for the travellers, tourists and guests who are the *raison d'être* of it all. This dictionary edition combines and covers a dictionary of 2500 terms; descriptions of 300 organizations; a biographical dictionary of 100 personalities; explanations of 1200 acronyms and abbreviations; key data for well over 200 countries; a concise bibliography listing more than 100 useful sources of further information. Providing a systematic guide to the knowledge on tourism and hospitality, the dictionary is essential tool for students, researchers and academics of the field.

*Dictionary of Travel and Tourism Terminology.* This fully revised and updated second edition provides over 7000 definitions of travel and tourism terminology used throughout the world, highlighting the many differences between US and European usage. It covers all aspects of the tourism industry, including hospitality, transport, and ancillary services. It explains the operating language of the travel industry, acronyms and abbreviations of organizations, associations and trade bodies, IT terms and brand names, and provides website addresses. Entries vary from one-line definitions to 500 word articles, and references are provided for further reading. This new edition is an essential reference tool for anyone involved in tourism research, and everyone in the travel industry.

*Dictionary of Travel and Tourism.* The dictionary provides over 6,500 definitions of travel and tourism terminology, including the operating language of the travel industry, acronyms of organizations, associations, and trade bodies, IT terms, and brand names. Completely up to date, this dictionary covers the implications of web technology and social media on the travel and tourism industry, as well as new products and services, such as e-tickets, home-based travel agents, awareness amongst consumers and within the industry of terror-threatened travel, recent changes in legislation, and environmental concerns. Providing a wealth of information on one of the fastest-growing global industries of the 21st century, this dictionary is the ideal point of reference within the areas of travel and tourism.

*Dictionary of Leisure, Travel and Tourism.* This revised and updated edition provides clear definitions of over 9,000 terms used in a wide range of topics related to this popular and expanding industry. Topics covered include travel, tourism, ticketing, hotels and staff, restaurants, kitchens, table settings, service and cooking, along with general business, accounting and personnel terms. Handy supplements include quick-reference lists of airline and airport codes, currencies, international dialling codes, time zones, balance sheets and international public holidays. The dictionary is ideal for students, employers, or employees who work in any part of the hotel or tourism industry or who need to use specialist English vocabulary for their work or studies.

#### **Professional dictionaries in recreation**

*Dictionary of Concepts in Recreation and Leisure Studies.* The obvious audience for this book is professionals, scholars, and students in the recreation field. The vocabulary and major concepts of the new field of recreation and leisure studies are just developing and this dictionary is the first major attempt to describe and systematize those concepts. Although university departments devoted to the study of recreation and leisure have been in existence for over half a century, there has never been a comprehensive dictionary written for the field. The concepts included in the dictionary may be grouped into four general categories: elemental concepts, theoretical concepts, research and methodological concepts, and professional concepts representing some of the basic ideas inherent in the service side of the field.

*The SAGE Dictionary of Leisure Studies.* The dictionary examines the key concepts, assesses the work of central figures and helps students zero-in on essential issues and conceptual distinctions. The book provides an unprecedented critical survey of the field; offers students authoritative, comprehensive accounts of the basic concepts and

leading figures; provides students with core resources to write essays and pass exams. The dictionary is meant to be much more than a compendium of information about leisure studies; it is also inevitably an attempt to define the current identity of the discursive formation. Written by teachers experienced with the needs of undergraduates and postgraduates in the field, the book will be quickly recognized as a vital asset in making sense of leisure studies.

*Dictionary of sports and games terminology.* The specialized language or jargon of some sports can be quite arcane. Even international sports have their exclusive terminology, and it takes a player or fan to understand it. This new dictionary gives the definitions of more than 8,000 terms used in sports and games from around the world, including mainstream sports like basketball and billiards alongside the more obscure netball and snooker. Entries cover sports equipment, strategies, venues, qualifying categories, awards, and administrative bodies, while a comprehensive system of cross-references offers assistance and clarification when needed. An appendix lists standard abbreviations of sports ruling bodies and administrative organizations.

*Thesaurus of Outdoor Recreation Terms.* It was compiled to facilitate the development of a common language for outdoor recreation planning, programming, research, and resource management. Terms selected are pertinent to both the natural and physical resources, their value, management, development, and user requirements. An attempt has been made to select terms or combinations of terms, which are pertinent to both the natural and physical resources, their management and development and values, and to the needs of people. The vocabulary of outdoor recreation crosses a number of disciplines. The scope of this thesaurus is therefore broad. In the construction of the thesaurus, the information needs of outdoor recreation administrators and researchers are given primary consideration.

#### **Professional dictionaries in health-related fitness**

*Dictionary of Public Health Education and Health Promotion.* Written for public health professionals and students, the second edition of the dictionary, includes definitions for terms and concepts frequently used in public health education and promotion. The book offers both students and professionals a handy resource, contains a wide range of health education related terminologies, provides an easily used reference for those working in research or design of public health interventions; offers a reference list of the terms found most often in the professional literature; includes key terms used in related public health disciplines. The dictionary also provides a useful study aid when preparing for the exam to become a certified health education specialist.

*Dictionary of Public Health.* This dictionary covers terms used in public health science and practice, including areas such as communicable disease control, epidemiology, genetics, nutrition, toxicology, social work, sanitation and public health engineering, environmental sciences, and administration. It offers definitions, discussion, and an occasional brief commentary on the relevance of each term to people and their health. It includes a list of useful web links and bibliographic references, directly linked from relevant entries. It continues to be a trusted resource for answers to questions that arise in the course of public health practice, whether in the office or in the field, in interactions with the public or with the media.

*Dictionary of Occupational Science and Occupational Therapy.* This dictionary provides up-to-date definitions of the terms used in the related fields of occupational science and occupational therapy. Entries cover a broad range of topics from activities of daily living and autonomy to task-oriented approach and work-life balance and have a clear occupational focus. They provide an overview of the complex nature of human occupation and the impact of illness, injury, social exclusion, marginalization, or transition, for example, on occupation and well-being. This is an authoritative resource for students of occupational science and occupational therapy, as well as an accessible point of reference for practitioners from both areas.

*Food and Fitness: A Dictionary of Diet and Exercise.* This accessible dictionary is packed full of authoritative information on foods and drinks, types of diet, sports and activities, physiology, and calorie requirements. The new edition includes over 200 new entries covering advances in the science of health and diet such as genetic disposition and nutrigenomics, high-profile diets such as the fitness tracking and technologies, and developments in food labelling and the psychology of diet and fitness. With many diagrams providing guidance on how to carry out certain exercises, and tables covering recommended dietary intakes and average energy expenditure for various activities and sports, this is an ideal quick reference for students of sports and nutrition, and for anyone interested in diet and fitness.

**Conclusions.** Grounding on the above findings, the following conclusions can be made. Modern world provides plenty of opportunities to keep balance between staying fit and being on tourism vacation or recreational trip. Instead of the traditionally sun bathing, travellers are able to stay within an active lifestyle and the wellbeing that enhances their healthy living.

New services produce more employment prospects, demanding relevant professional education of the specialists. Professional development and learning opportunities are great ways to stay up-to-date on industry knowledge and trends.

One of the best means for the efficient specialists training and their skill sets enhancement is considered the use of specialized professional dictionaries. They are found to be an important and useful resource in the workplace, as they provide definitions for special terms, their origin, evolution and proper usage within the professional language of any field specialists, namely in the growing sphere of tourism, recreation and health-related fitness.

Further **research prospects** suggest the study and comparative analysis of specialized professional dictionaries in the field of tourism, recreation and health-related fitness in the English and Ukrainian languages.

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**Юрко Н. А., Данилевич М. В., Калимон Ю. О., Воробель М. М., Мусікевич Т. А. Підготовка фахівців у галузі туризму, рекреації та оздоровчого фітнесу: фахові словники**

У статті розглянуто актуальне питання спеціалізованих фахових словників для професійної підготовки фахівців у сфері туризму, рекреації та оздоровчого фітнесу. Аналіз сучасних досліджень та публікацій свідчить про значну увагу вчених до різних аспектів професійної підготовки фахівців у галузі туризму, рекреації та оздоровчого фітнесу. Спеціалізовані словники також перебувають у центрі постійної уваги науковців. Однак, зважаючи на постійний розвиток сфери туризму, рекреації та оздоровчого фітнесу, спеціалізовані фахові словники цієї галузі потребують детальнішого розгляду, аналізу та дослідження.

З огляду на актуальність удосконалення професійних умінь у сфері туризму, рекреації та оздоровчого фітнесу та значну роль словників у цій практиці, метою даного дослідження є вивчення фахових словників даної галузі. Завдання дослідження полягають у визначенні та аналізі особливостей спеціалізованих фахових словників для професійної підготовки фахівців цієї сфери. Таким чином, об'єктом даного дослідження є підготовка фахівців у галузі туризму, рекреації та оздоровчого фітнесу, а предметом – фахові словники для професійного розвитку в цій сфері. Спеціалізовані фахові словники для професійної підготовки фахівців у галузі туризму, рекреації та оздоровчого фітнесу розглянуто й досліджено методами літературного аналізу і порівняльного аналізу друкованих та інтернет-ресурсів.

Використання спеціалізованих фахових словників є одним із найкращих засобів та корисним ресурсом ефективного удосконалення професійних умінь й навичок для широкого застосування у фаховій діяльності, урахувавши те, що в них, як правило, точніше зазначено детальне визначення і відповідне використання спеціальної термінологічної лексики для продуктивної професійної комунікації фахівців будь-якої сфери, зокрема у розвинутій галузі туризму, рекреації та оздоровчого фітнесу. Перспективи подальших досліджень передбачають вивчення і порівняльний аналіз спеціалізованих фахових словників у сфері туризму, рекреації та оздоровчого фітнесу в англійській і українській мовах.

**Ключові слова:** туризм, рекреація, оздоровчий фітнес, фахові словники, підготовка фахівців.